THE EMPTY NEST - p. 5

■ TORNADO SEASON IN THE MID-SOUTH

NASCAR **p.** 3



The basics of training

Millington students participate in annual ROTC course

By ART FRITH **NSA Mid-South Public Affairs**

As the booming voice of "the Chief" filled the air last week, anyone working or residing in the vicinity of Hammond Hall on the NSA Mid-South might have thought they were actually at the Naval Recruit Training Command in Great Lakes, Ill.

The base played host to the annual Navy Junior ROTC Basic Leadership Training (BLT) course. Cadets representing Millington Central High School, Pike High School in Indianapolis, and Willard High School in Willard, Mo. In all, 55 students participated in the weeklong boot camp. Retired Lt. Cmdr. Robert Galloway, senior naval science instructor at Millington Central; retired Lt. Cmdr. Stephen White, senior naval science instructor at Pike High; and retired MMC (SW) Craig White, naval science instructor at Willard High, were the course facilitators, providing the cadets with an introduction to the military lifestyle.

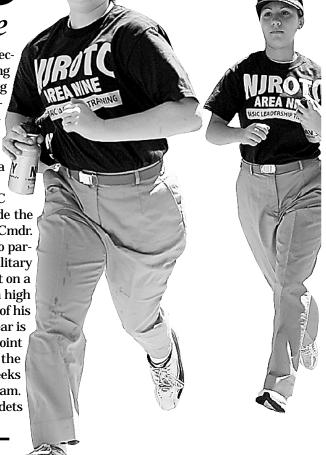
This is the fifth year that the Millington Central Navy Junior ROTC and NSA Mid-South have hosted the weeklong course. The first year Galloway conducted the course, they hosted activities including sea bag inspecalmost 325 cadets from a dozen high schools. Galloway explained that though this year's attendance is somewhat smaller than in previous years, it is not due to a lack of interest by the cadets. "The course size is driven by the availability of facilities on the base which has a direct affect on the course size. Each year the amount of available billeting gets smaller and smaller and more difficult to secure." Therefore, Galloway and his staff improvise, adapt, and overcome to make the course happen. Stephen White chuckled and said, "I don't think the kids are losing out on anything. They still receive the same amount of instruction. In fact, they probably get more out of the course because there are fewer of them, which allows for more personal time with each cadet.'

It's evident that Chief White, who in a previous life served as a recruit division commander at Great Lakes, had no problem reprising his role. Though at times he appeared to be a cross between gunnery sergeants Carter and Foley, one cadet said, "Chief White isn't as mean as he seems. That is at least I hope he's not."

In addition to the expected marching and drills, the cadets experienced a wide variety of

tions, field day, a military working dog demonstration, and challenging physical activities like the climbing wall, obstacle course, and physical fitness competition. The result Galloway said is, "The students learn how to work as a

Seven out of the 120 ROTC cadets from Pike High School made the journey to Millington with Lt. Cmdr. White. While few of the cadets who participated in the BLT come from military families, some have their sights set on a military life upon graduating from high school. White pointed out that one of his cadets participating in BLT this year is a very strong candidate for West Point and another will enlist in the National Guard in a couple of weeks by way of the Delayed Entry Program. Galloway and White also have cadets who are headed to the military.



— See NJROTC, 4

Selection Board service is key role of Navy Personnel Command

By JOC Teresa J. Frith **NAVY PERSONNEL COMMAND COMMUNICATIONS OFFICE**

Each year, more than 200 boards are convened at the Navy Personnel Command to select sailors for advancement, special programs or other unique opportunities. Serving on one of these boards is a very important and rewarding experience that can enhance anyone's Navy career.

Boards vary in size with as little as five members to as large as 180 members.

"Serving as a board member or recorder provides a unique opportunity to see how the process works," said Cmdr. Elizabeth S. Hostetler,

director of the NPC Officer Career Progression Branch. "Members get to use their experience and background to help pick the Navy's future officer and enlisted leadership and leave an important legacy for the Navy."

Recorders also get an invaluable perspective on how a board views and briefs each person's record and selects sailors for promotion and administrative milestones. "They see how important fitness reports and evaluations are to the process, how better to prepare those reports and evaluations, and how to spot and address potentially confusing or non-standard events in their record," she said.

There are two types of boards: statutory and administrative. Statutory boards are governed by federal law and include officer promotions and officer continuation boards. Administrative boards are governed by Navy policy and include enlisted advancement boards and commanding officer screening boards.

Both types of boards have their own sets of rules and regulations that must be followed. Policy for officer statutory boards is dictated by SECNAVINST 1401.3A, and must meet requirements set down in U.S. Code, Title 10. Each member is appointed by the Secretary of the Navy and must be in a grade higher than the officers under consideration by the board.

Administrative boards are not dictated by law, but instead are gov-

The

erned by OPNAV and BUPERS instructions.

"Both types of boards are held to the same high standards," said Hostetler. "Great care is taken to ensure the membership is diverse, including community mixture, geographic diversity and experience."

A complete list of the requirements, guidelines, and standards for boards of both types can be found in U.S. Code Title 10, SECNAV and OPNAV instructions, and board precepts. Precepts are listed for each board

http://www.npc.navy.mil/Boards. A precept provides specific board guidelines and standards. The Secretary of the Navy signs the precept for officer statutory boards and

the Chief of Navy Personnel signs

most administrative board precepts. Serving on a board is a big respon-

sibility. Potential board members are charged with preserving board information from the moment they are officially notified they have been chosen to sit on a board.

"Sailors must have complete confidence in the absolute integrity of the board process," said Hostetler. "They work hard and understand that there are always more qualified and eligible sailors than there are opportunities for advancement. However, they must be certain they will be given the same fair and equitable consideration as their shipmates."

For more information on boards go to http://www.npc.navy.mil/Boards and scroll down to the type of board you are interested in.

Support Center/Fleet and Family Support Center announces the addition of new staff members assigned to work exclusively with hurricane-affected personnel and their families. Active duty and DoD civilians, retirees, and their family members are eligible.

Community

Services include: Adjustment issues, stress related concerns.

> Children Adolescents

For more information or to make an appointmentcallSupportCommunity Center/Fleet Family Support Center at 874-5075.

HAS RISEN!





The NSA Mid-South Chapel community joined with Millington residents Easter Sunday at the annual sunrise service at Navy Lake. Guest speaker for the service was CNOCM Evelyn Banks (right), command master chief for the Navy Recruiting Command. Music included a rendition of "In Christ Alone" by Munford Middle School student Hope Halsted (left), who took top honors in the First Class Petty Officer's Association talent show. (Photos by David W. Crenshaw)

Navy reimbursements for lost uniforms

Active-duty sailors whose uniforms were destroyed, lost or rendered unserviceable as a result of hurricanes Katrina, Rita or Wilma may now seek reimbursements for certain uniform

COURTESY OF MILITARY.COM

Policy and procedures for submitting a claim, including forms and a list of reimbursable items, http://www.npc.navy.mil/CommandSupport/USNa

Navy personnel performing official duty in the hurricane affected areas may be entitled to compensation for the replacement of those uniforms under the Military Personnel and Civilian Employee's Claims Act (PCA). PCA claims information and forms are available http://www.jag.navy.mil. Additional information is available at www.military.com.

Send us your comments to bluejacketmil@yahoo.com.

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COMMENTARY

BE A WARRIOR OF CHARACTER

Webster defines character as, "one of the attributes that make up and distinguish the individual."

Translation: Each of us, as individuals (and collectively as sailors), is different. Each of us has unique traits that make us who we are. These unique traits are important and, when you combine all of us together, give us an incredible amount of diversity and capability. Our Navy is strong today because collectively the character of its sailors is

My boss, Adm. John B. Nathman, recently shared some of his thoughts on character with the fleet's leadership. Of note was the following, "The Navy ethos is an internalization that as sailors we are warriors of character at all times, in all situations, on and off duty. This ethos is at the heart of Navy core values, our code of conduct, and our tradition of teamwork and professionalism. Character is the compass that guides us as individuals and keeps us forged together in war. As leaders, development of character in those we lead demands our attention.

Translation: Character is the sum of the values and principles that guide our decisions. Strength of character enables us to successfully navigate through the positive and negative forces in our lives. Just like physithrough constant training. on Terrorism. It's not sur-

Because that, each of us as leaders, have the responsibilto help develop positive character in our subordinates, our peers, our families, and our friends. When you think about it, it's an awesome abili-



Assailors, each of us needs to do our level best to foster a daily basis, and on a worldthe values, ethics, and individual character that are the foundation of our Navy way of life. How do we do this? It's actually not that diffi-

All of us strive to be recognized for positive contributions to our Navy and in our personal lives. We all want to do work that matters and achieve high standards. Individually, I truly believe each of us wants to succeed and we want others to respect us. These basic beliefs are what help us keep our character in check.

You all understand that our actions yield consequences, good and bad. From what I see and hear on a daily basis, I think our Navy is staffed by superb sailors that are making a positive

cal strength, strength of impact in fleet, around the character is developed world, and in the Global War

prising to me most Americans hold the military extremely

🚺 high regard. In more ways that I can mention, we have earned that reputation by hard work and making family our and friends

proud of us on wide stage.

Our challenge, however, is to ensure the small minority of sailors that fall out of step with our core values are given the individual attention necessary to help improve their character and self worth.

Correcting others in our ranks begins with the selfrealization that we are all leaders and our leadership needs to be consistent and constant. We are all charged with upholding our core values of honor, courage and commitment and none of us can afford to let our guard down, or give others an opportunity to label us hypocrites. Nothing renders a leader ineffective quicker than not doing what he or she says.

My challenge to you is to twofold: Make sure your every word, your every action, and your every intention is pure and in the best interest of the Navy, our sailors and yourself; and secondly, to not let your day-today focus on Navy business completely distract you from instilling in your people the will and desire to be their very best.

While nothing I have said so far is difficult to understand, living your life to such high standards is anything but simple. If you want your character to be beyond reproach, you need to work at it. It doesn't just happen naturally and your rank itself is no indicator of good or poor character. No matter how senior you are, your character is on display and scrutinized by others. As a matter of fact, the more senior you are, the more eyes you have on you.

Here are a few tips that may help you to be become better leaders.

Set the standard for integrity and character, first in yourself, and then hold the standards for others.

* Be a confident and com-

petent decision maker in uncertain situations:

Try to be a prudent risk

* Strive to be innovative

* Do your best to be adap-

Keep professionally skilled, accomplished and

* Never stop learning. Strive to become professionally educated and display a genuine dedication to lifelong learning.

Hone your skills as an effective communicator

If your intentions or actions aren't crystal clear, explain them

* Whenever possible, help your sailors understand how and why you made a deci-

In addition to the above, keep in mind it is our duty to help our sailors reaffirm their commitment to our service ethic and Core Values on a daily basis. If you are truly dedicated to improving your sailors, you should do everything you can to discuss character on a routine basis. Improving character requires sustained, proactive leadership at all levels. We cannot under-estimate the impact of actions counter to our Core Values on our reputation, credibility and effectiveness.

Finally, another challenge from Adm. Nathman, "In every word, action, and command philosophy, promote and be passionate about the values of Navy tradition, oaths, and creeds. Demand sustained, proactive leadership and followership at all levels."

Shipmates, your character is the sum of your integrity, morals, interests, energy, demeanor and intentions. Think before you act and you should be just fine. You've heard it many times that you are a sailor 24 hours per day, on and off duty. Your actions speak volumes and intentions, without follow through, mean little. Each of you is important to our Navy. We have no spare sailors. It is vitally important that each of us maintain the highest sense of duty and do our very best to uphold and improve the already superb reputation our Navy has for being a service of professionals. Be a warrior of character!

Chaplain's Corner

PRAYER DOESN'T WORK?

CHAPLAIN WESLEY B. SLOAT

In the last few weeks, Christianity has had a rough time. The book (and soon the movie) The DaVinci Code came out. The Gospel of Judas (3rd Century A.D.) also hit the media. Then newspapers all over the country recently published front-page news about how a scientific study of more than 1,800 heart patients failed to show the prayers specially organized for their recov-

some got worse!). What are we to do? Should we stop praying? Hardly. I'll wait for another time to talk about The DaVinci Code and The Gospel of Judas. For this article, I'd like to talk about

ery had any impact on their healing (in fact

Let me ask you, what do you pray for? Many of us pray for the safety of a deployed loved one, or perhaps we pray for someone who is sick to be healed. It is good and right to offer these prayers. I can point to many stories in the Bible where God heard a person's prayer and healed them.

Hang on, as I tell you that while praying for someone's protection or healing is good, it is not the main reason we are told to pray. In the Bible God never promises to heal everyone or to answer "yes" to every prayer. We are told, "If we pray according to His will He hears us."

So, what is the purpose of prayer? The

main reason to pray is to talk to God! know that is real simple, but it is true! Prayer is the way we communicate with God. For example, for those of you who are married, imagine how you would feel if the only time your mate would talk to you is when they needed something. I know you wouldn't do that. Neither you nor your spouse would appreciate it. One important reason you talk to your mate is to get close to each other. You talk about what happened at work, and what happened in your life during the day.

Now, if you and I talk to our mate about all sorts of things in life, I suggest that we do that with God too. Have you tried doing that with God? That is what prayer is all about. The reason we pray is to communicate with God, and God with us. Jesus prayed this way. He would be talking to His followers one minute and to God the next. Prayer for Him was as natural as breathing. And that's the point: prayer is spiritual breathing! It nourishes our spiritual life and relationship with God.

So, don't let the latest news stop you from praying. People will still get sick and die. Prayer is meant to daily remind us that there is a life even better than this one that awaits believers. God is still there and hears us when we pray. Prayer does work!

000PS!

COURTESY OF THE NAVAL SAFETY CENTER

Now that storm video is a staple of network television, we've all gotten used to seeing the raging rivers that have leapt their banks and the gale-force winds threatening to tear down the stoplight. Recently, there was some footage broadcast showing a tornado that had picked up some cars. The video image had little arrows superimposed to point out the cars so vou could tell them from all the other junk that was swirling around.

And that's the great thing about television. You could assess the storm while slouching on my sofa, drinking a cup of tea. When we ride out a hurricane here in Norfolk, folks listen to the wind and wait. But a commander figured he'd go out into his yard in mid-storm, while it was raining and pitch dark, with official visibility of 10 feet, and winds between 70 and 110 knots, to check for damage. Found some, too, and real close by — on the bottom on his leg, where his foot and ankle got smacked by a piece of airborne fence. He got away with a few bruises and contusions.

Here's a tale of an AT3 who was burning a pile of sticks and branches deposited in his yard by a storm. Either he was moving too fast or wasn't looking where he was going or both, because at some point in the proceedings, he tripped on a rock near the blaze and fell in. As he toppled, he smacked his head on something, perhaps another rock, and knocked himself out. To say he knocked himself "out cold" would hardly be an appropriate figure of speech when one has just become a sort of human yule log. Fortunately, he had a buddy who was (1) alert and (2) nearby, and who dragged him out of the fire. The sailor escaped with a second-degree burn on his right arm, which is getting off mighty lightly, considering. He drove himself to the base emergency room. He ended up with two weeks of light duty.

The vocabulary word for the day is "fid."

'Tis a fine old nautical word, familiar to any bosun's mate who uses this pointed, wooden or metal tool for separating strands of rope when splicing. It is a tool that should have been in the toolbox of the MA2 who had to get a knot out of his K-9 aggression whip. He didn't have one. Didn't have a marlinspike, either. Nope, he had a knife, which, unsurprisingly, slipped out of the knot and promptly went to work on his thumb (good for an inchlong gash) and the flesh between his thumb and forefinger (good for a two-inch gash). The knife worked great for that task. An MA1 promptly applied pressure and a bandage (tool for this task: a t-shirt) and drove the MA2 to the nearest branch medical clinic, where a doc applied 18 stitches. He was on light duty for a week.

Then there is the lieutenant who was driving back to his base after doing some volunteer work at his son's school. He was chewing, or perhaps gumming, an ink pen and dropped it. Not wanting a large blot of blue ink on his khakis, he glanced down to find the pen. So far, so good, but not very good for very long, because his truck was traveling 40 or 50 miles per hour, and the driver in front of him chose that exact moment to stop. When the lieutenant looked up, he got a way-too-quick object lesson in constant range, decreasing bearing on a wet road. He yanked the wheel, clipped the back of the car ahead, swerved into oncoming traffic, and slammed head-on into another truck. He was wearing his seatbelt and his truck had a driver's side airbag, but he still broke a leg, and his innards were scrambled enough to put him in the hospital for a month and counting.

Until next time, do us a favor—if you are driving and are tempted to take your eyes off the road and start rooting around in the glove compartment for a pack of gum or under your seat for a CD, think of these two words: lacerated intestine, which is what the lieutenant above ended up with. That should help you refocus and find a place to pull over.

CALENDAR OF EVENTS

May I - Uniform Change. Shift to summer uniform of the day at 12:01 a.m. There is no transition. April 21 - Tennessee BB-43 Sea Cadets' Third Annual Golf Classic will be held at Big Creek Golf Course. Registration begins at 11:30 a.m., Shotgun start is 1 p.m., with the awards dinner @ 5 p.m. For more information, contact Yancey Black @ (901) 624-8412.

April 22-June 2 - To commemorate the centennial of the adoption of the Tennessee State Flag, the Tennessee State Museum has organized a traveling exhibit which will be on display at the Mississippi River Museum @ Mud Island River Park. The exhibit is included with regular admission to the museum. Admission is \$8 for adults, \$6 for seniors, and \$5 for youth and includes a round-trip monorail ride, guided river walk tour, and special exhibit.

Food vendors interested in participating in the 15th Annual Sunset on the Square Summer Concert Series held each Thursday night from 7 to 9 p.m. during the months of June and July should contact the office of Main Street Collierville at 853-1666 or mnstreetcv@aol.com by April 28. Participation is open to non-profit groups, as well as restaurants and professional vendors. Space is limited to 10 vendors. A current membership with Main Street Collierville is required as well as a vendor fee.

The Navy-Marine Corps Relief Society offers assistance if a personal emergency occurs. This organization exists to help sailors, Marines and their families in need. The hours of operation are as follows: Monday through Thursday 9 a.m. to 1 p.m. If help is needed, call NMCRS to schedule an appointment at 874-7350. The newly renovated NMCRS Thrift Store is open Tuesday through Friday from 10 a.m. to 2 p.m. and the first Saturday of the month.

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Everything advertised in this publication shall be made available or purchases, use or patronage without regard to the race, color, relicion, sex, national origin, age, marital status, physical handicap, politi-

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A P S E A T A N A T A B C A

NASCAR heads west to Phoenix

By Jeffrey Nichols

COMMANDER NAVY RECRUITING COMMAND PUBLIC AFFAIRS

The No. 88 Navy "Accelerate Your Life" Monte Carlo heads to the Phoenix International Raceway to participate in the Bashas' Supermarkets 200 in Phoenix on Friday.

Driver Mark McFarland will be at the wheel of Dale Earnhardt Jr.'s JR Motorsports-owned no. 88. The Fleet honoree for the race will be Deep Submergence Unit (DSU) from NAS North Island, San Diego. DSU was established in 1989 and is home of the Navy's manned and unmanned deep diving submersibles. DSU was a key player in the rescue of six Russian sailors trapped in a submarine in August 2005.



LEGALLY SPEAKING: Tenants' rights

BY LT. JONATHAN FLYNN **JUDGE ADVOCATE** GENERAL'S CORPS

Service members should exercise the utmost care in apartment search, whether they are moving due to personal choice, weather conditions or military orders.

The first step toward a successful apartment hunt is to check the home and surrounding area. What is the condition of both the inside and outside? Check the stove, refrigerator, garbage disposal, heating, air conditioning and toilet. Make a written list of necessary repairs.

Talk to neighbors. Ask if there have been disputes with the landlord. Ask about noise and crime in the neighborhood. Check for complaints local landlord/tenant associa- agreed to the changes. tion, consumer protection

Bureau. If your landlord owns other rental properties, check those also.

Once you have a found a suitable dwelling, the next step is the agreement to rent. Oral agreements lead to uncertainty for both the landlord and the tenant. Therefore, an agreement should be in the form of a written lease.

It is essential that you read and understand all aspects of the lease, even if the landlord tells you that the lease is a "standard form." In most situations, the lease will control your rights and duties, and the rights and duties of your landlord. If you do not feel comfortable with a particular provision of the lease, propose a change to it. Write the changes in ink on the lease, followed by the initials of all parties, to against the landlord with a ensure that all parties have lord to invoke these rights. appointment. We are open

agency or Better Business terms that you should watch out for. First, note the monthly due date of the rent. Second, look at the conditions on return of a security deposit. Some states heavily regulate security deposits, while others do not. Third, scrutinize provisions concerning repairs. Finally, be sure to understand lease termination provisions. Determine what fees you will have to pay, if you leave your apartment before the end of the lease.

For military personnel, it is essential to understand the Service Members Civil Relief Act. This federal law allows service members to break their lease early, if they receive PCS orders, deployment orders or orders to support a military operation. The service member must give written notice and a copy of his orders to the land-After the landlord receives this Monday through Friday, 8 a.m. There are certain lease documentation, the service to 4 p.m.

member is liable for the rent for 30 days after the next due date of the rent.

For example, assume a service member has his rent due on the 1st of every month. If that service member gives notice on any date from March 1 to March 31, then he is liable for rent through the end of April. Service members must assure that the lease contains a "military clause" with these termination provisions. Failure to include this in the lease could result in a loss of your SCRA

Also, remember that usually, your landlord is not responsible for damaged or lost personal property. Therefore, tenants should maintain renter's insurance for protection.

If you have any questions about a lease, contact the NLSO at 874-7379 to set up an



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By David Britton Peel Attorney at Law



Law and Money

One of the things that Federal government does with our money is to compile statistics and information. Our government measures everything from the number of drug crimes to the total workers employed, and from the amount of trade with Canada to the number of those displaced by Hurricane Katrina.

Much of this information is gathered to assist the government to administer programs, pass laws and make policies. Income and poverty levels are often in the news. I hear people talk about the poverty levels. Most folks however, could not tell you what the so-called "poverty levels" truly are. So here they are:

2005 Health and Human Services **Poverty Guidelines**

\$3,260

ersons in Family Unit	48 Contiguous States and D.C.	Alaska	Hawaii
1	\$ 9,570	\$11,950	\$11,010
2	12,830	16,030	14,760
3	16,090	20,110	18,510
4	19,350	24,190	22,260
5	22,610	28,270	26,010
6	25,870	32,350	29,760
7	29,130	36,430	33,510
8	32,390	40,510	37,260
or each a	additional person, a	dd	

SOURCE: Federal Register, Vol. 70, No. 33, February 18, 2005, pp. 8373-8375.

\$3,750

\$4,080

For someone working the Federal Minimum Wage of \$5.15 per hour, equates to a weekly pay of \$206, monthly pay of \$893, and an annual salary of \$10,712. An hourly rate of \$8.50 equates to a weekly pay of \$340, monthly pay of \$1,473, and an annual salary of \$17,680. An hourly rate of \$12.50 equates to a weekly pay of \$500, monthly pay of \$2,167, and an annual salary of \$26,000.

According to government numbers, the median household income in Tennessee for a 4-person family is \$55,907.

— David Britton Peel is a Millington attorney who primarily handles serious injury, death and disability cases, along with closings and wills. If you would like to contact Mr. Peel, you may do so at 901-872-4229 or at dpeel@bigriver.net. Mr. Peel is also available to speak to your church or club.

geico.com

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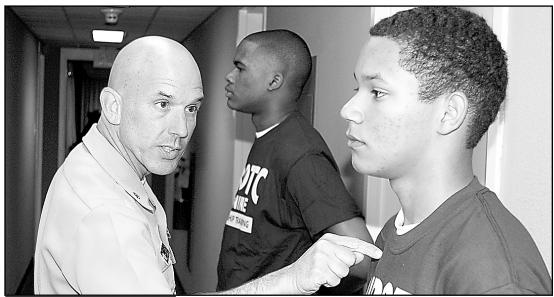
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Thursday, April 20, 2006 The Bluejacket



NJROTC CONTINUED FROM 1

One of the cadets going through the BLT is Heather Meadows, a sophomore at Millington Central. Though she has no plans to join the military, Meadows gave two

The process of applying to become a Navy Junior ROTC instructor is fairly simple and includes submitting a packet for review. However, as Galloway points out, "There are hundreds of applicants approved each year, but relatively few actually go into the program."

secondary schools throughout the nation. The NJROTC curriculum emphasizes citizenship and leadership development, as well as our maritime heritage, the significance of sea power, and naval topics such as the fundamentals of naval operations, seamanship, navigation and meteor-



As cadets Paula Branstetter and Chris Carvers listen in at attention, retired MMC (SW) Craig White provides motivational comments to cadet Robert Larson. White served as the drill instructor for the Navy Junior ROTC "mini-boot camp" held on NSA Mid-South last week. (Photo by Art Frith)

reasons for her taking ROTC, "One is to be in better shape and, two, to develop a stronger sense of discipline." Dennis Guy, a senior at Millington Central and one of the 10 cadres assisting with the course, holds the rank of

The Navy Junior ROTC program was established by Public Law in 1964.Instructors who are retired Navy, Marine Corps and Coast Guard officers and enlisted personnel conduct the program at accredited

ology. Classroom instruction is augmented by community service activities, drill competition, field meets, flights, and visits to naval activities, marksmanship training and other military training. The Navy provides uniforms, textbooks, training aids, travel allowance and a substantial instructors' portion of salaries.

For more information on the NJROTC, or to apply to become an instructor, go to http://www.njrotc.navy.mil or call Robert Galloway at MCHS at 873-8101 ext 9

Lt. Cmdr. (Ret) Robert Galloway, Senior Naval Science Instructor Millington Central High School, prepares to inspect the room of cadets Thurman McCray (left) and Brian Lopez (right). The MCHS students were among the 55 Navy Junior ROTC cadets attending Basic Leadership Training last week on NSA Mid-South.(Photo by Art



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Army National Guard Sgt. Steven Jackson gives Pike High School Navy Junior ROTC Cadet Elaine Grouvner hints on how to overcome her vertical challenge. Jackson is assigned to Army National Guard's Recruiting and Retention Command, which provided the climbing wall during the mini-boot camp held on NSA Mid-South. (Photo by Art Frith)



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cadet lieutenant commander and is the commanding officer of the school's unit. He has his sights on a military career. "I've talked with a Navy recruiter," he said, "and I'm looking at getting an ROTC scholarship so that I can start my career as a naval officer in the nuclear engineering field."

Cadets from all three schools agree that they like the travel that goes along with the ROTC program. When asked what she would tell a fellow student to convince them to take ROTC at school, Chelsea McTeer, a junior at Willard High School said, "I'd tell them about how much fun we have, all of the traveling we do, the drill meets, and that Chief White is really cool."

The cadets receive high school credit for their participation in ROTC. Two years of ROTC takes care of the wellness (a.k.a. phys. ed.) credit. White, Galloway and White all agreed that for many of their cadets, the only reason why they keep coming to school is NJROTC.

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Thursday, April 20, 2006 THE BLUEJACKET 5

The Empty Nest:

What to do when the kids move out

By Arlene H. Hull

You've just walked in the front door from dropping your youngest child at college.

The house seems empty and too quiet. You walk through the house trying to figure out what you are going to do with all the extra time you will have on your hands now that you won't be involved in school activities. It seems a bit depressing.

But wait - what did you do with that extra time before you had children? Chances are you spent time with your spouse, maybe even developed hobbies that you both could share in, and talked about things you've always wanted to do.

Maybe now is the perfect time to take that cruise or second honeymoon you've been dreaming about.

First Things First

Right now, while you might still be feeling lost, don't think of long-term plans. Think about something special you and your spouse can do to refresh and renew your relationship. After all, this is where it all started, the two of

The Religious Ministries Center on base can tell you about the Prevention and Relationship Enhancement Program (PREP) or the Chaplains Religious Enrichment Development programs can help you and your spouse get back in touch with yourselves and your relationship.

The Navy's Morale, Welfare and Recreation (MWR) and Marine Corps Services Community (MCCS) offer craft classes for that hobby you might want to pick back up. They even offer recreational

activities and equipment rental for your more adventurous side.

How about a dream vacation? The Armed Forces Recreation Center (AFRC) offers many low-cost vacation sites for both activeduty and retired military families. You can take your pick from five-star resort destinations to campgrounds where you can pitch a tent and get back to

Okay, now you've spent a weekend at a CREDO program, you've picked up the ceramics knives again, Operation (CREDO). These you've polished up your golf skills, and your tan is fading from that Hawaiian vacation. What do you do now?

Volunteer!

Almost every school you can think of has a great need for volunteers. Being a teacher's aid, an afterschool tutor, or a library or computer aid is both beneficial to the students and rewarding for your own sense of self-worth.

The Navy-Marine Corps Relief Society, American Red Cross and the United Service Organization (USO) are always in need of volunteers. Do you live close to an airport and want to greet weary military travelers with a smile and a hot cup of coffee? It's all a great chance to get that "Mom" or "Dad" feeling back. Wherever your interests lie, there is probably a need for a volunteer in that field. Put your talents to work!

But more important than anything, don't despair too long, and remember that your kids are never really gone. Just when you think it's safe to redecorate their room as your new art studio or a game room, they'll be back. They might bring a spouse, three kids, a cat, and a dog, but they'll be



New Tags?

Update Your Vehicle Information

If you are a driver who picks up the new, green Tennessee license plates, you need to go to pass and decal to update your vehicle and registration informa-

According to MAI (SW) Matthew G. McCarthy, leading petty officer of the Naval Security Force Detachment Mid-South, "They will have a new plate number which makes the information in our data base incorrect." If you already have the new plate, McCarthy adds, "This has to be done in person and cannot be accomplished on-line. All you need to do is to stop by the Pass and ID office located at the Willis Gate entrance to the base. Be sure to bring in the new registration, proof of insurance, drivers license and ID card."





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Wednesday Night is "Family Night" Kids eat free with each adult paid meal

Steaks & Seafood

Hours: Lunch: Dinner:

Mon. - Fri. Mon. - Fri.

11AM - 2PM **5PM - 9PM** 4PM - 9PM

Sat. Sun.

11:30PM - 3:00PM

It's a Family Affair as this pair of Canadian geese goes for a leisurely swim with their new members. The six goslings arrived on the scene last week. This is just one of the batch of new arrivals at Navy Lake. (Photo by Art Frith)

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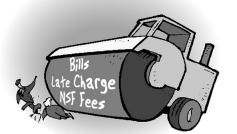
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Stop Worrying! Just Remember..."If Your Cash is Low-Think CASH \$ DEPOT!"

Thursday, April 20, 2006 **6** The Bluejacket

Morale, Welfare and Recreation

Introduction to Racquetball

(3 Monday night sessions in May)

Instruction designed for adults who have never played, only played a few times or need a refresher. Instructor Bill Schamroth - AmPRO Certified Racquetball Instructor-

Tentative schedule May 8 - Session 1 (6:30 p.m.) Basic Rules, Safety and equipment, Basic Forehand, Drop and hit drill.

May 15 - Session 2 (6:30 p.m.) Review Basic Forehand, Drive serves. Basic Backhand. Drop and hit drill

May 22 - Session 3 (6:30 p.m.) Review Basic Forehand and Backhand, Serve and Serve Return, Ceiling balls, passing shots, Strategy, Doubles play (if time permits.)

Patrons must be 18 years of age or older to participate. Stop by the Joe Dugger Fitness and Wellness Center bldg S-499 or call (901) 874-5497 for more information and/or to sign up.

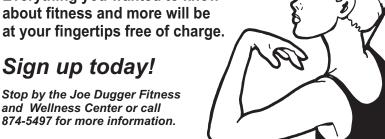
Ladies are you interested in working out but don't know how to get started? ... Join us ...

Ladies Night Out Thursday, April 20

6:30-8:30 p.m. Everything you wanted to know about fitness and more will be

Sign up today!

Stop by the Joe Dugger Fitness and Wellness Center or call 874-5497 for more information.



The journey to fit and fabulous starts here!

From the Intramural **Sports Coordinator:**



Intramural Softball

The Athletic Office is now accepting rosters for the Intramural Softball League. This is an Intramural Sport that generates Captain's Trophy Participation Points; therefore teams must be formed from members of individual Commands, units or competitive codes. So get your squads identified to represent your command, unit or code and turn in your roster or rosters no later than Thursday, April 20. You can bring your team roster to the Athletic Office at the N-82 Gym, Fax to 874-5409 or e-mail to Apruitt@nsams.navy.mil. There will be coaches meeting on Friday, April 21 at 11 a.m. at the N-82 Gym with games beginning on Tuesday, April 25 at 6 p.m. If you have any questions or need further information please contact Amy at 874-5383. Dependent upon the number of team entries. game schedules may be on Mondays and Wednesdays or Tuesdays and Thursdays, so please identify your dates of preference on your team

Intramural Golf

Dust off your clubs and get your team registered at the N-82 Gym Athletic Office no later than Tuesday, April 25. A team representative meeting and game schedule distribution will be April 26 at 11a.m at the N-82 Gym. Method of play is a three- man scramble. Schedule match time will be in the afternoon beginning at 4 p.m. This program will generate Captain's Trophy Points so teams must be formed from a Command, Pers Code, Department or Competitive unit. To quickly enter your team, Fax at 874-5409, e-mail at apruitt@nsams.navy.mil or drop off a hard copy to the N-82 gym. It is time to play, sign up today. Eligible participants include Active Duty, Reservist, and civilian employees assigned to the competitive units.

Intramural Bowling League

It is time again to get the men and women of your command, unit or competitive code for the intramural bowling league. So dust off your bowling balls and join us on Friday nights at the Bartlett Bowling Lanes located at 6276 Stage Rd. Teams will consist of 4 members of your competitive unit, command or code and team entries must conform to the Intramural sports structure and have a minimum of 1 person of the opposite sex on the team. Active duty, retirees, reserves, DoD civilians and their dependents age 17 or older are eligible to participate. All players will be required to be sanctioned and the bowling fees are \$10 per person per week. The roster deadline is Friday 5 May 06. There will be a coaches meeting at 5 p.m. on Friday, May 19 and games will start at 5 p.m. on Friday, May 19. The league will run for 10 weeks and will end on July 28. This Intramural Program generates points for Captain's Trophy. To register your team or obtain additional information contact Michael Ballard at 874-4904, e-mail at Michael.I.ballard@navy.mil or Amy at 874-5383, e-mail at apruitt@nasms.navy.mil.

Intramural Tennis League

The Intramural Sports office is now accepting rosters for the Intramural Tennis League. This sport generates Captain Trophy Points; therefore all teams must be formed from their commands, codes and competitive units. Rosters are due on Friday, April 28. A coaches meeting will be held on Monday, May 1 at 11 a.m. at the N-82 gym sports and fitness complex. For more information, please contact Amy at 874-5383. You can turn in your rosters for this sport by dropping them off at the N-82 gym, faxing them at 874-5409 or e-mailing them to apruitt@nsams.navy.mil. If you have any questions about these sports, please contact Amy at the Athletic Office at 874-5383.



Glen Eagle Golf Course

One of the finest military golf courses in the world

The Glen Eagle Golf Course is one of the finest military golf courses in the world. It's managed in accordance with military regulations to provide personnel and their dependents an avenue of attaining physical fitness and a place to enjoy leisure time. The course is well maintained and is a challenging pleasure to play. This championship . 18 hole facility offers a driving range, putting green, and a 140 yard practice hole. The staff strives to provide an outstanding golf program and to meet the emotional and physical needs of its participants. Our PGA Professionals also offer lessons for groups and individuals. The staff will be happy to coordinate a tournament just for your group. Rental of equipment including golf carts, clubs and pull carts can be arranged in the golf pro shop. Club repair is available for a nominal fee.

Blind Draw (Every Thursday)

Golfers play their own ball 9 holes and draw a partner after play. Concerts by the Green Every Friday in May 6:30 p.m to 8:30 p.m. Glen Eagle Golf Course Local favorite, Andy Childs Navy Mid-Sout MWR Concert series May 19. May 5 - Navy Band May 12 - Memphis Heartbeats May 21 - Andy Childs

Special door prize each week!

Free entry! Must be present to win!

May 26 - The Distraxshuns

Stableford Format for scoring purposes. Regular green fees and cart fees apply after blind draw fee. This event is open to all golfers wishing to participate. Limited to the first 40 golfers, so sign up early.

Ladies Tuesday Evening Golf

Learn the game, meet fun ladies, enjoy the outdoors, and NO competition!! Every Tuesday afternoon from 4 p.m. This evening play day is for women golfers who just want to get out and enjoy the company of other lady golfers. The schedule is for lady golfers to sign up and come out and play 9 holes each Tuesday. This is a fun outing. If you are looking for serious tournament golf this may not be the class for you. All patron categories are invited and encouraged to participate.

Glen Eagle Golf Course is open to all MWR authorized patrons and the general public. Tee time reservations recommended. Call 874-5168 for more information.

Month of the Military Child Specials courtesy of MWR!

Restaurant Services

Navy Mid-South families are invited to celebrate "Month of the Military Child" together at a special family friendly meal servics at the Helmsman Restaurants.

Saturday, April 22, 9 - 11 a.m. "Month of the Military Child." Breakfast Special. Menu features Scrambled eggs, sausage, bacon, fruit, French toast, orange juice and milk. Call (901) 874-5132 for more information. Breakfast: adults \$5.50, children \$3.50.

Golf Course and Eagles Peak Grille is offering children of Military families age 12 and under a free lunch every Sunday in April! (Children must be accompanied by a sponsor.) Sunday lunch 11 a.m - 1 p.m. Children's meal includes chicken fingers or hotdog, fries and a drink. After eating lunch children can also enjoy a free bucket of range balls. (Children must be accompanied by a sponsor.) Check into the Pro-shop for golf balls. Call (901) 874-5168 for more information.

Leisure Services

During "Month of the Military Child" the MWR Screen-print shop is offering a "Spring Printing Special" to help everyone get a jump on custom t-shirt orders for summer family reunions. Patrons can order a t-shirts with a custom designed 3 color print for only \$4.99 per shirt! For details on this special stop by the Screen Printing Shop located in bldg. S-797 (Craftech) or call (901) 874-5303.

Family fun offers are available at ITT. Including discount tickets to the Children's Museum, the Memphis Zoo and Malco theaters. For more information stop by the ITT Office (bldg. S-760) or call (901) 874-5652.

CDC/CDH Program

Parent Opportunities: "Sign to Me" April 18, 11 a.m.-12

p.m. and 6 -7 p.m. there will be



information available on how to incorporate sign language in the life of your child

"Guiding Young Children to Make Appropriate Choices" April 25, 11 a.m.-12 p.m. and 6-7 p.m. there will be information available on ways to help your child respond to positive guidance

Wacky Wednesdays:

"Denim Day" April 19 Children will wear denim all the fun and excitement that goes with it.

"T-Shirt Day" April 26 each class will wear a special color just for them that will be imprinted with the month's theme at the MWR Screen print shop. Parents if you have a child enrolled in the CPY program should see your room parent or caregiver for more details.

Passports April 28 all passports are due to the CDC, Youth Center or Homes by noon

Also tentatively scheduled

"Child Abuse Prevention" April 21 begins at 10 a.m., representative from Fleet and Family Services will be at the CDC to share information and materials.

"International Dinner" April 21 starts at 11 a.m. at the CDC with your favorite dishes at our worldclass potluck! Check with your room parent or caregiver for more details.

Youth/Teen Center

Saturday Play. The fun doesn't end on Friday! Saturday Play is held each Saturday this month from 1-5 p.m. for kindergarten-5th graders. Registration in the Before and After school program IS NOT required! Drop the kids in while you go catch some zzz's or clean house or go shopping. For more information call (901) 874-5155. Month of the Military Child Play Day Special. Active Duty military and retired military kids can join us for \$1, all other eligible kids pay the regular fee (\$3 per child.)

Family Recreation Night is held each Monday at the Youth Center from 5:30-7:30 p.m. Challenge the kids a game of Foosball or enjoy a movie. Free popcorn for Military

Friday, April 21 youth in kindergarten-5th grade are invited to join us for Special Kid's Night Out. Fee covers supervision, pizza, lemonade and all the fun activities and games here at the Youth Program Center. Space is limited so drop by and register today. Deadline to register April 10. For more information call (901) 874-5155. Active Duty military kids can join us for \$5. Fee for all other eligible patrons \$10.Call 901) 874-5155 for more information regarding Youth program activities.

Family Skate Night is offered at the N-82 Gym each Saturday from 7-10pm. Parents skate for FREE! Admission of \$3 includes skates. Month of the Military Child Special: military and retired military kids get in for \$1.Be sure to have your ID!

Teen Center Monthly Membership for April is reduced to \$3 for military and retired military teens in grade 6 and up. Bring your ID or pay the regular fee of \$5! Haven't been to S-770 yet? Your first two visits are FREE! Drop by to check out a list of their April activities.

Navy Mid-South Youth Center School-Age Care (SAC) priority placement registration Summer Day Camp '06.



Who's watching us during summer break?

Sponsors may register on or after the date listed for their category. A Waiting List (CEWL) will be established for any SAC program that exceeds the registration limit. Registration is held Tuesday, Wednesday and Thursday from 8:30 a.m.-2:30 p.m. Alternate registration days and times are available through appointment only. Enrollment Fee is nonrefundable and is applied to first weekly fee. Sponsors: a \$5 deposit will also be accepted for each specific week reserved in each camper's name. Deposits will later be applied towards weekly fee. For further information, call 874-5155.

Category--camp '06 reg.-- begins

- 1--Single Active Duty--4 April
- 2--Dual Active Duty--5 April
- 3--Active Duty w/working spouse--6 April 4--Active Duty w/student spouse--11 April
- 5--Single DoD--12 April
- 6--Dual DoD--13 April
- 7--DoD w/working spouse--18 April 8--DoD w/student spouse--19 April
- 9--Active Duty w/non-working spouse--20 April
- 10--DoD w/non-working spouse--25 April
- 11--DoD Contractors-- 26 April
- 12--Active Duty Coast Guard--27 April
- * Youth Program Forms available at Youth Center (Bldg. 936) or by accessing the Youth Center's webpage at nsamidsouth.navy.mil. NOTE: in the event that two sponsors' priority is equal, date and order of enrollment will determine placement on list (active and/or waiting).

Morale, Welfare and Recreation

Hotspot for Comedy Launches Funniest Person in Memphis Contest - Tickets at ITT

Excerpts from "Comedy, Tennessee - Serious Business" -Commercial Appeal article published April 9, 2006 written by Christopher Blank

Memphis can be a funny place -at least John Marks and Sammy Marten think so -- and their comedy club plans ain't no gag.

In January 2005, John Marks and Sammy Marten started Comedy Tennessee to provide a weekly venue for stand-up in Memphis, a city where comic inventions often have led tragically short lives.

Even with some big names on the bills -- celebs like Chris Rock, Gilbert Gottfried, Sandra Bernhard, and stand-up porn star Ron Jeremy -comedy hasn't caught on in Memphis.

But Marks and Marten, both in their late 40s, think they've hit upon the right formula with Comedy Tennessee, which will relocate from Neil's in June and expand to seven shows a week.

"What we bring that's different from the other clubs is, number one, Sammy and I are both comics," Marks said. "We've been on the road and know what is required to put on stand-up. Another thing is that we started selling sponsorships, teaming up with businesses to put on shows. That's fairly unusual for a club. We've done more Internet marketing. And finally, we've spent a lot of time in the last year working with younger comics, giving them more stage time. It creates a network of support in the area."

The new Comedy Tennessee will take over the building of the now defunct South Beach at 6102 Macon Road. Corporate sponsors get in-



Live stand-up comedy every Thursday night showcasing comedians as seen on Letterman, Showtime, Comedy Central and more! Tickets are not dated. Go any Thursday. ITT ticket price \$4.75 (reg. \$10 at the door.)

house advertising and tickets to reward employees or customers.

Marten, former proprietor of Creole Cafe in Midtown, will bring his recipes for gumbo and etouffee. Tickets are priced at \$10 a show (discount tickets available for \$4.75 at ITT.) Wednesdays will be openmike nights.

Mary Jordan, one of the young and aspiring comics performing at Comedy TN, thinks that one reason stand-up hasn't taken off in Memphis is a lack of venues where novices can create a scene for it. But the University of Memphis history major, who started doing stand-up when she was 16, says that Comedy Tennessee's consistent stage time for talented amateurs has generated interest for aspiring funny men and

"I have very high hopes for the club," she said. "They're not going to have any trouble getting talented people to come in because they've been in the business and they've made good connections."

Marks and Marten have horror stories of "paying their dues" on the road: the "hell gigs" that led each of them, separately, into imagining they could produce comedy better.

Marks and Marten recently launched a contest called the Funniest Person in Memphis. The first round was held March 30 at Neil's. Two additional rounds are Thursday and May 11.

Finals are May 25, and the prize is a week's gig at the new Comedy Tennessee after it opens.

According to contest rules on the Web site comedytennessee.com, the contest is open to "Anyone who has a sense of humor and has not been involved with trying to overthrow the government of a third world country."

Stop by the Information, Tickets and Travel Office (ITT) to purchase tickets and/or for more information.

Information, Tickets and Travel office is located in Bldg. S-760 ITT office open Monday-Friday 9 a.m.-5 p.m. 1st and 3rd Saturday each month 10 a.m.-2 p.m. Closed Sundays, and holidays For more information call (901) 874-5455/5652, 1-800-779-4252 or Fax: (901) 874-5322.

... Dining...



Join us for lunch and more! Lunch served 10:30 a.m.-1 p.m. Monday - Friday

(See calendar below for daily buffet entree menu.)

\$525 Value Spotlight

Daily Plate Lunch special 🤌

Your choice of one of the entree items from the buffet, one starch, one vegetable and a side salad or cup of soup with rolls plated from the buffet selections by your server.

April A-La-Carte Lunch Specials

#1 Seafood Salad\$ 5.00 Chilled mixed greens topped with salad shrimp and crab meat, wedges of tomato and egg. Served with choice of dressing. #2 Turkey and Swiss and Soup\$ 4.25

Turkey and Swiss on Rye with a cup of soup. #3 Lumpia (5) with one trip to the salad bar......\$ 5.00

A mixture of vegetables, beef and spices wrapped in a crisp light wrapper served with sweet and sour sauce. #4 New York Reuben Sandwich and fries\$ 5.25

Generous portion of shaved corned beef with Swiss cheese, sauerkraut and thousand island dressing on crisp golden brown rye bread Served with one trip to salad bar.....\$5.50 Served with both (fries and salad)......\$5.75

Call 874-5356 and get it "to go"!



Month of the Military Child **Breakfast Special** Saturday, April 22, 9 - 11 a.m. Menu features Scrambled eggs, sausage,

bacon, fruit, French toast, orange juice and milk Adults \$5.50, Children \$3.50

1st one of the year, Friday, April 28, 5-8 p.m.

Cost: 60 cents per oz.

SUNDAY CHAMPAGNE BRUNCH

April 30, 11 a.m.-1 p.m.

Adults \$8.95 Children age 5-10 half price Children under 5 eat free

Home of the Liberty program for Single Sailors and Geo Bachelors



Ellison Recreation Center Bldg S-499 Open 7 days a week! Monday- Friday, 9 a.m.-10 p.m., Saturday 12-10 p.m. Sunday and holidays 2 p.m.-10 p.m.

(901) 874-5650 Note youth are welcome when accompanied by an adult 9 a.m.-4 p.m. Patrons must be 18 and older to use this facility after 4 p.m.

The staff at the Ellison is doing a terrific job of creating a relaxing and inviting atmosphere for you to enjoy. This center offers a thirty-six seat theater, TV lounge, billiards, ping pong tables, darts, PS2 and XBOX game

SUNDAY

systems and various board games. Also featured is a six-station computer center with Internet access. Special activities and events conducted throughout the year include tournaments, Navy Motion Picture Program, MOSA Single Sailor Dinners, Shuttle trips to local Memphis entertainment and shopping centers, day trips and ticket give-a-ways. Stop by to see what's the next big event going on. Ellison Recreation Center is open to all MWR authorized patrons. However this center is the home of the "Liberty Program" ("Single Sailor Program") and you must be 18 or older to participate in activities unless

otherwise stated. Movie Theater: Enjoy a free picture show in our 36-seat movie theater. Take your choice from our list of over 300 movies. Check out "Coming Attractions" display at the center for schedule. Schedule posted

in the Bluejacket. See calendar below. **Computers and Internet Access:** Our computer room features six (6) user friendly PC stations with Windows operating systems and Microsoft Office software. Access your existing email

Wireless internet connection available. Gameroom: Challenge a friend to a game of pool, ping pong, fooseball or one of many board games available. Arcade: A variety of amusement machines are available. Enjoy the PS2

and X-Box game systems. We offer Xbox live & PS on line for added excitement. We have the latest games including Madden 2005, NBA 2005, Def Jam Fight for NY, NCAA 2005 WWE Smack Down vs Raw, and NASCAR 2005 just to name a few.

Library: Enjoy a current issue of a magazine or a local paper or check out the USA Today, or Washington Post. We also have a paperback book

Snack bar: Let your taste buds go wild with a variety of snack foods and beverages all at a low cost. Additional beverages available for those 21 and

Trips and Events: Ellison schedules trips and events throughout the year. Stop by to see what's the next big event going on.

WEDNESDAY

MOSA Single Sailor Suppers: Every third Tuesday of the month at the Ellison. The meal is served 6 p.m. until accounts with internet mail service. the food runs out.

IN THE COMING WEEK!

APRIL 20-30, 2006

SATURDAY

Earth Day

Month of the Military Child

Breakfast Special

9-11 a.m. Helmsman

22

Naval Support Activity Mid-South Tuesday, May 9

10 a.m-1 p.m. Helmsman Complex

MONDAY

It's bigger & better!

 More...Drawings and giveaways More...Games and interactive displays! More...Exhibitors & vendors!

Food Show Sponsored by Sysco! Free samples of delicious food and beverage products provided by Sysco, MWR & others!

Everyone is invited!

Stop by and enjoy the EXPO!

THURSDAY

Helmsman Lunch Buffet 20Roast Beef
Pit Smoked Ham

Fitness Center Ladies Night Out / 6:30-8:30 p.m. sign up today!

Free Movie 7 p.m.

at the Ellison Rec. Center Tristan and Isoide (PG 13)

Helmsman Lunch Buffet 27

Fried Catfish Smoked Sausage

FRIDAY

Helmsman Lunch Buffet 21

Kid's Night Out Youth Center Register today! 874-5155

N3) BINGO 4-10 p.m. Bingo Hall!

Free Movie 6 p.m. Mempirs of a Geisha (R)

Helmsman Lunch Buffet 28

FAMILY MOVIE DAY! Ellison Rec. Center King Kong (PG 13)

Free Movie 7 p.m. The Producers (PG 13)

23 Free Movie 6 p.m. Munich (R)



Sunday **Champagne Brunch** 11 a.m.-1 p.m. Helmsman Complex

Free Movie 6 p.m. Memoirs of a Geisha (PG 13) Helmsman Lunch Buffet $24\,$ BBQ Chicken BBQ Pork

Family Recreation Night

5:30-7 p.m. at Youth Center Call 874-5155 for details!

Karate (Shorin-Ryu) 5:30-7 p.m. at Youth Center

Free Movie 7 p.m.

The Matador (R)

Fried Pork Chops Stuffed Bell Peppers

Helmsman Lunch Buffet 25

Free Movie 7 p.m.

at the Ellison Rec. Center

The Last Holiday (PG 13)

TUESDAY

Helmsman Lunch Buffet 26 Southern Fried Chicken Beef Tips with Wine Sauce

> **Family Recreation Night** 5:30-7 p.m. at Youth Cente Call 874-5155 for details!

Karate (Shorin-Ryu)

BINGO 4-10 p.m. Bingo Hall!

Free Movie 7 p.m. Free Movie 7 p.m. at the Ellison Rec. Cer Glory Road (PG) at the Ellison Rec. Center Syriana (R)

Roast Beef

Pit Smoked Ham

HOLD 'EM

Fried Catfish Lemon Pepper Chicken

Every Friday

Mongolian BBQ 5 - 8 p.m. Oaks Dining

(N3) BINGO 4-10 p.m. Bingo Hall!

Free Movie 6 p.m. at the Ellison Rec. Cente Munich (R)



Last day! this season for Family Skate Night and Saturday Play Day!

Free Movie 7 p.m. at the Ellison Rec. Cente Rumor Has It (PG 13) 8 THE BLUEJACKET Thursday, April 20, 2006

Tornado season in the Mid-South

BY ART FRITH NSA MID-SOUTH PUBLIC AFFAIRS

Spring has arrived in the Mid-South. Temperatures are creeping up toward the 80-degree mark, and severe weather is becoming more frequent, including tornados. Tornado-warning sirens on base were blaring away recently as a band of severe weather passed though our area for the second time in less than a week.

Tornado season generally runs from March through November. In pure number of incidences, the United States reports more tornadoes than any other country. While tornadoes have been recorded in all 50 states, they tend to form mostly in a broad area known as "Tornado Alley," which covers the Great Plains, Midwest and southern regions of the country

Being prepared for any type of disaster is an everyday task for everyday life whether you're at work, school, or home, is crucial. With each tornado season, schools and media outlets across the Mid-South devote a great amount of time educating the public about the dangers and what can be done to improve the chances of surviving a severe storm.

Most communities, including NSA Mid-South, have civil defense sirens. In most of our area, the sirens are activated by the Memphis/Shelby County Emergency Management Agency (MSCEMA) when severe weather is believed to be approaching. The sirens are located in strategic locations throughout Memphis and Shelby County, including the cities of Millington, Lakeland, Arlington and Collierville. Tornado sirens located in the cities of Germantown and Bartlett are activated by the respective city and are not controlled by MSCE-MA. Here on base, the sirens are tested every Wednesday at 3:30 p.m., unless there is inclement

Unless you are in a building with a large spanned roof, like the gym or in a mobile home, you should take shelter in the building they are in. Avoid going outside. You should go to the inner hall-way/room on the first floor, away from windows or exit doors. If you are in a mobile home or outside, then go to the nearest build-



ing that is open. The designated shelter buildings on NSA Mid-South are Bldg. 750 and Bldg. 751 and will be opened up by Security. If you find yourself caught outside, or in their car, and the tornado is upon you, lay in a ditch or low-lying area.

You need to know the differ-

ences in the alerts. A tornado WATCH means that conditions are right for a tornado in your area, while a tornado WARNING means that a tornado has been sighted and may be headed for your area. When a tornado warning is issued for any portion of the county, MSCEMA will activate

the sirens. When this happens, all sirens within Memphis and Shelby County will sound off. You should immediately go to a safe area. DO NOT CALL 911 when you hear a tornado siren. Instead, first tune into local media for news and weather reports. If, after doing so, you believe the siren activation is a malfunction, contact the appropriate persons listed for your area below. Tornado sirens located in the cities of Germantown and Bartlett are activated by the respective city and are not controlled by MSCE-

Be aware of the fact that tornado sirens are designed to provide early warning primarily for persons who are outside away from a TV and/or radio. Unfortunately, for a variety of reasons such as the distance from the siren, homes shut up with air conditioners running and people asleep during nighttime storms with thunder, rain and wind, the sirens are not frequently heard in residences. Emergency management officials highly recommend that you keep a NOAA weather alert radio in your home, preferable in the bedroom, with a tone alert. These are relatively inexpensive devices costing as little as \$20 and will activate whenever the National Weather Service issues severe weather warnings. Warnings are also carried on the local area radio and television stations.

There are a number of sites on the Internet and various organizations, such as the local chapter of the American Red Cross, where you can find helpful hints on how to prepare for a possible tornado. These include: Prepare a home tornado plan - Pick a place where family members will gather if a tornado is headed your way. It could be your basement or, if there is no basement, a center hallway, bathroom, or closet on the lowest floor. Keep this place uncluttered; High-rise buildings - If you are in a high-rise building when a tornado is approaching, you may not have enough time to go to the lowest floor. Pick a place in a hallway in the center of the building. Stay tuned for storm warnings - Listen to local radio and TV stations for updated storm information.

Taking these precautions ahead of time could decide whether or not you and your family members survive should a tornado occur.

MILITARY KIDS ELIGIBLE FOR A FREE SUMMER CAMP EXPERIENCE

By Michelle Joyner National Military Family Association

ALEXANDRIA, VA. - The National Military Family Association (NMFA) is now accepting applications for its popular Operation Purple Summer Camps.

The 26 Operation Purple Camps provide children from military families with fun and memorable opportunities to learn new skills for managing deployment-related stress. NMFA developed this free summer camp program, sponsored this year by the Michael & Susan Dell Foundation and TriWest Healthcare Alliance, in response to the need for increased support for military children.

"We at TriWest are privileged and proud to serve those who wear our Nation's uniform and their families," said TriWest President and CEO David J. McIntyre Jr. "This very special Operation Purple program is vital to military children, who also are making sacrifices in defense of our country, and we are pleased to support these deserving children"

With significantly increased funding, the camp program has more than doubled its original 2004 outreach of 12 camps. The Operation

Chrysler Financial

Purple camp program is the only summer camp program that focuses on helping kids deal with deployment-related issues.

Each camp is "purple," meaning it is open to children of any service member of the uniformed services. Applications for the camps are available now through May 15 at http://www.operationpurple.org/. This year, the Operation Purple program will host more than 2,500 kids.

Although a step in the right direction, there is a pressing need for more support, based on NMFA estimates that more than 115,000 children are experiencing the absence of a parent due to a deployment to Iraq or Afghanistan. This statistic does not include children who have parents deployed elsewhere around the world.

"We are thrilled with the continuing success of the Operation Purple Camp program. This year we are pleased to offer this opportunity to children in states that haven't previously hosted a camp and welcome back camps that are committed to serving military children," says Tanna Schmidli, NMFA chairman and chief executive officer. "We are looking forward to building momentum with additional sponsors for greater expansion next year." The camps, which last from five to seven days, give kids ages eight to 18 an exciting and memorable camp experience, providing tools to help them deal with the stress resulting from a military parent's deployment. Each camp is joint and

"purple" — encompassing all Service branches, including the National Guard and Reserve, and the Commissioned Corps of the U.S. Public Health Service and National Oceanic and Atmospheric Administration-and is offered free of charge to all participants.

Interested children from military families are encouraged to apply for the camp located nearest their home since travel expenses are not reimbursed. More than 26 weeks of Operation Purple camps are currently offered in 22 states (Alaska, California, Florida, Georgia, Hawaii, Idaho, Iowa, Maryland, Michigan, Montana, Nebraska, Nevada, New York, Ohio, Oklahoma, Oregon, Pennsylvania, Texas, Utah, Vermont and Washington). Applications are only available online at http://www.operationpurple.org, along with a list of camp dates, sites and other information.

The National Military Family Association is the only national organization whose sole focus is the military family and whose goal is to influence the development and implementation of policies that will improve the lives of the families of the Army, Navy, Air Force, Marine Corps, Coast Guard, and the Commissioned Corps of the Public Health Service and the National Oceanic and Atmospheric Administration. For more than 35 years, its staff and volunteers, comprised mostly of military family members, have built a reputation for being the leading experts on military family issues.



1-800-925-JEEP See Your Mid-South Jeep Dealer Jeep

Must present current military ID, retirement or discharge papers at time of purchase. To be eligible, retirees must have had at least 20 years of service. See your dealer for details. Financing for 60 months = \$16,67 per month per \$1,000 financed. Financing for qualified buyers with 10% down. Not all buyers will qualify. [1] Liberty: Amounts based on an MSRP example with a 29B package after a \$2,000 lease cash allowance, \$1,000 CFC Bonus Cash and \$500 Military Cash Allowance. Total due at signing is \$1,784, which includes a down payment of \$1,585 and first month's payment of \$199. Offer requires dealer contribution of \$968. 27 total monthly payments equal \$5,381. [2] Grand Cherokee: Amounts based on an MSRP example with 26E package after a \$2500 lease cash allowance, \$1,000 CFC Bonus Cash and \$500 Military Cash Allowance. Total due at lease signing is \$1,699, which includes a down payment of \$1,425 and first month's payment of \$269. Offer requires dealer contribution of \$1,694. 36 total monthly payments equal \$9,692. [3] Commander: Amounts based on an MSRP example with a 26S package with a \$2,000 Cash Allowance, after a \$1,000 CFC Bonus Cash and \$500 Military Cash Allowance. Total due at lease signing is \$1,679, which includes a down payment of \$1,400 and first month's payment of \$279. Offer requires dealer contribution of \$1,593. 36 monthly payments equal \$10,047. +Security deposit is waived for qualified lessees. Tax, title and license extra. Pay for excess wear and mileage of \$.20/mile for each mile over 12,000 miles per year plus a \$450 lease turn-in fee, if vehicle is returned at end of term. Option to buy or lease end a

pre-negotiated price plus a \$150 purchase option fee. Each participating dealer's actual term may vary. [4] Offer through Chrysler Financial. Residency restrictions apply. Must take delivery by 5/1/06. **Jeep is a registered trademark of DaimlerChrysler Corporation.**

BUCKLE UP